

# SR SADOFF & RUDOY INDUSTRIES, LLP INFORMER

PEOPLE, TEAMWORK, EXCELLENCE

## Letter from the CEO

Dear Team Sadoff,

As the first green shoots of spring arrive and the first quarter of 2025 comes to a close, I am happy to provide you an update on what we are seeing in our markets and the economy, in general.

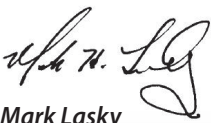
In broad terms, many economists believe that the economy will gain steam as the year goes on. Tariffs remain an unknown as the application and impact can create wins for some industries and losses for others.

Commodity prices have risen throughout the 1st quarter, but volumes of trade remain muted to down across our scrap material generators and consumers. Our electronics business, from both SunCoast and Sadoff E-Recycling and Data Destruction, have capitalized on better markets and steadier volumes this quarter.

No matter the market, no matter the time of year, the building blocks to our business never go out of style — safety, quality, customer service, and communication. This is what makes us the Preferred Choice.

Thank you for being a part of our team!

Best personal regards,



Mark Lasky  
Chief Executive Officer

**SR** SADOFF IRON &  
METAL COMPANY

**SE** SADOFF E-RECYCLING  
& DATA DESTRUCTION

**SunCoast**  
COMMUNICATIONS

- Wisconsin Herd
- Blood Pressure
- Longevity
- Scrap Theft at All Time High
- Kudos and Cuts
- Tom Barnett Memorial QEHS Excellence Award
- Rudoy, Brass & Copper Awards
- New Company Gear Store
- Wellable
- Dark Chocolate Zucchini Bread Snack Squares Recipe
- Chicken Pot Pie with Phyllo Recipe
- Word Search Winners
- Word Search
- Milestone Anniversaries





## A Fun Time with the Wisconsin Herd

On Saturday, January 31st a number of people from our Wisconsin facilities gathered to watch a Wisconsin Herd G-League Basketball Game at the Oshkosh Arena. Sadoff E-Recycling was the sponsor for the evenings Star Wars Theme and T-Shirt Give-a-Way.





# Do you know your blood pressure numbers...The odds are you don't.

## Did you Know?

Nearly half of U.S. adults have high blood pressure, also known as hypertension, yet estimates suggest only one-third of those with high blood pressure are aware of it.

- Total employees at Sadoff – 240 employees
- Half of these have high blood pressure – 120 employees
- 1/3 of these 120 are aware of their high blood pressure – 40 – Meaning ***80 employees*** are not aware of their risk

\*Left untreated, high blood pressure can injure blood vessels, causing them to thicken and stiffen, which can damage the heart, brain, and kidneys

\*High blood pressure is known as the silent killer because those who have it, generally do not experience any symptoms

## Let the Sadoff Wellness Team help you:

Each branch has an electronic blood pressure monitor that can be used by any employee –information regarding how to use it and what the numbers mean can be found by each blood pressure machine.

Prioritize your health today by taking advantage of this helpful resource!

## LONGEVITY

### Number You Won't Forget: 11 Years

The next time someone tells you to take a walk — even if you disagree — it's probably the right move.

Recent research suggests that ***walking a little more*** often could help you add as much as 11 years to your life, depending on your activity level.

For people who are not active, adding 30 to 45 minutes of walking per day can have a dramatic life-extending impact. And even if you're already active, adding more movement can give you a boost, too.

If you increase your daily movement up to approximately 8,000 to 10,000 steps per day, the study suggests you could add anywhere from 2 to 5 more years to your life.

The connection between walking and lifespan might be a byproduct of how movement helps keep you healthier and protect against the most common forms of death.

In another study, scientists analyzed data from 196 peer-reviewed articles, including more than 30 million people.

They found that people who did at least 75 minutes of moderate intensity exercise every week reduced their risk of premature death by nearly 25 percent. And that's because they lowered their risk of cardiovascular disease (leading cause of death) and cancer.

Put another way, cranking up the intensity for about 11 minutes per day — such as sprinting up the stairs several times — could be all it takes to experience the benefits.

No matter how you approach exercise, the research is clear that it doesn't matter what type of movement you prefer or even if you go to the gym. ***But it does matter that you move often and daily.***



## Scrap Theft at All Time High

We have taken many steps to combat it, but we can never be too careful or diligent. The article below is from ReMA and has some great lessons we can apply today.

In January 2024, Sterling, VA-based Potomac Metals shipped a load of copper chop, worth about \$160,000, to Pennsylvania. Typically, this would be a one-day shipment but after several days the company realized that the delivery never reached its destination.

“Our broker tried contacting the driver and we quickly found out the number was no longer in service,” said Sarah Zwilsky, Vice President at Potomac Metals. “Our last communication with the driver was sending us a bill of lading (BOL) and the delivery address had a California address. In our industry, if you’re on the east coast making this product there’s no need to go out to the west coast, you’d just lose money shipping it that far.”

Potomac Metals isn’t an outlier; according to Overhaul’s United States & Canada H1 2024 Cargo Theft Report, freight hubs and major cities across the U.S. witnessed an alarming surge in cargo theft. These incidents rose by 49 percent in the first half of 2024 compared to the same period in 2023.

These thefts are known as “strategic thefts.” They typically involve planned acts of stealing that often use deception to gain access to targeted items. While “opportunity thefts” are crimes committed when the situation presents itself and are often spontaneous.

“All industries are seeing a rise in strategic thefts,” said Todd Foreman, ReMA’s Senior Director of Law Enforcement Outreach. “There are several reasons why. It could be because of the high value of the property, or that technology has gotten better, or that criminals have found that the risks are relatively low compared to the reward.”

According to Aaron Plitt, Senior Vice President of Pittsburgh, PA-based AMG Resources, it’s important to raise awareness of this issue within the recycled materials industry. For the past 20 to 30 years, the industry has been operating with a great deal of trust in the trucking industry, but recently bad actors have started to exploit that trust.

“The recycled materials industry is the perfect target for this type of crime because of the value of the material, the metals are typically can’t be identified or traced to the origin, and the material is readily marketable domestically and internationally,” he said. “High value metals, such a copper fit all these criteria, but we have heard reports of lower value metals such as 304 Stainless also being stolen.”

According to Zwilsky, when the truck showed up to Potomac Metals, her team wasn’t taking any IDs at the time because of the COVID-19 pandemic.

“Before the pandemic, we asked for a lot of information. But put a pause on it to keep interactions at a minimum. Unfortunately, the driver had provided the correct delivery number and that was all we asked for, we didn’t ask where the driver was going, or for an ID.”

Potomac Metals realized the load had been stolen when the company’s broker tried reaching out to the driver and discovered the phone number was no longer in service. When Zwilsky called the police, she was told that once a shipment crosses state lines there is little that law enforcement can do to recover the stolen load.

“We’ve made a lot of changes after that experience to improve security,” Zwilsky said. “Now drivers must confirm delivery address, and our team members always take IDs and all the information off the truck including the tag, truck number, and truck ID. If something doesn’t look right, like the truck has a sticker over the company’s name, we won’t load the truck whatsoever.”

These increased security measures have already helped Potomac Metals. In July 2024, the company had six trucks show up, all with the same delivery number trying to get a load of #2 copper. The delivery address that the team received seemed suspicious, so they called the local police and didn’t load the cargo.

“The drivers left before the police arrived, but we know that we’re making positive changes,” Zwilsky said. “We’re using

trackers on our trucks and receive alerts when the doors open, so if the doors open before it gets to the recipient, all of ownership receive an email alert and we can decide to call the broker or trucker; that's really helped us."

According to Foreman, ReMA members should following ReMA's "Prevention of Cargo Theft Toolkit," a document that provides actionable insights and strategies to safeguard recyclers' shipments. The goal is to help members bolster their security and ensure that cargo is delivered to the assigned destination in a timely and secure manner.

## **Two key aspects for cargo theft prevention are:**

### **KNOW YOUR INSURANCE:**

- **Shipping your own material on your own truck:**

1. Confirm your insurance coverage has "transportation" coverage in the amount of the load's value being shipped. Ensure theft is covered and up to the limit needed. Make sure your policy doesn't have restrictions.

### **KNOW YOUR FREIGHT BROKER:**

- **Broker Service Agreements**

1. Demand a broker services agreement that prohibits sub-brokering of loads.
2. Require the service agreement to prohibit carriers with less than one year of authority.

- **Broker should ensure the carrier's insurance is active.**

- **Ensure the broker is aware of the value of the commodity.**

- **Ensure the broker's common carrier has "motor truck cargo" coverage for the property with clear understanding of coverage limits.**

- **Suppliers/dealers should maintain their own transportation insurance coverage in addition to the carrier's coverage, with the supplier's insurance acting as excess coverage.**

- **Consider having your broker dispatch most trucks.**

- **Surety is not coverage for cargo but to ensure payment.**

- **The broker should have the name of the carrier physically moving the product on the Bill of Lading.**

- **If the rate is too good to be true—it probably is!**

"To help mitigate these thefts, use brokers that you know and trust, require Contingent Cargo Insurance, and try to use carriers who own their own equipment for high-value loads," Plitt said. "If a theft occurs in your yard, your initial reaction might be to hide it and say nothing, but it's very important to speak up and raise awareness of this problem to prevent from happening to yourself and other in the industry in the future."Foreman adds that law enforcement recommends that recyclers ask drivers to remove hats and/or glasses to take their photo. Recyclers should also ask drivers to call so they have the number while the driver is still on site and will know whether they are being provided with a real or fake number.

"As these thefts increase within the recycled materials industry, ReMA continues to work with other organizations and law enforcement to enhance prevention methods," Foreman said. "Sometimes it can be as simple as contacting law enforcement when a truck is ready to load but something doesn't feel right."



## Kudos and Cuts

**Kudos:** To our **Wellness Committee** for creating such a delicious cookbook and distributing it to everyone.

**Cuts:** To **the winter weather** – where is our snow?

**Kudos:** To **everyone that contributed** to the cookbook project by submitting a recipe. It will be a lot of fun trying everything.

**Kudos:** To **Maureen Oehler** for submitting a fun winter picture of her daughters sporting awesome Sadoff gear while enjoying a fun winter sledding activity.

**Kudos:** To everyone (employees and family members) that contributed to our annual collection and volunteered to spread holiday joy to the residents of the Fond du Lac Lutheran Home. With your help we raised \$3,200 which became \$6,400 when matched by our company.

**Kudos:** To the **Oshkosh and Nebraska Teams** for a very successful result in their recent recertification audits for both R2 and ISO.



**Kudos:** to Markus McDonnell, David Borsuk and Brad Lasky for attending the 2025 annual REMA Washington fly in to meet with our state politicians to lobby on behalf of the recycling industry.

**Have a KUDOS or a CUT to share?**

Submit your ideas to Jason Lasky – [laskyj@sadoff.com](mailto:laskyj@sadoff.com) Please keep cuts generalized, no personal attacks please.

INTRODUCING THE:

## **Tom Barnett Memorial Quality, Environmental, Health and Safety (QEHS) Excellence Award**

On December 8, 2024, Tom Barnett passed away after a two-year battle with pancreatic cancer. Tom had been with the Sadoff Iron and Metal Company for 26 years, in many roles, the last of which was as our Quality Assurance Manager.

To honor Tom's legacy with our company, I am proud to introduce the Tom Barnett Memorial Quality, Environmental, Health and Safety (QEHS) Excellence Award.

The parameters of the award are detailed below along with instructions as to how to nominate a colleague.

As you will see, this award will be handed out quarterly, with the first award nominations due on Monday, March 31, 2025.

If you'd like to learn more about Tom, check out his obituary on the Konrad-Behlman Funeral Homes website.

### **The Tom Barnett Memorial QEHS Excellence Award**

#### **What this award means:**

Tom Barnett was a company person who was organized, friendly, caring, considerate, with high integrity and a positive attitude. The recipient of this award should reflect those qualities while advancing the QEHS culture.

#### **Nomination, frequency, and selection process:**

Any company employee can nominate another company employee for the award. Submissions must include the nominee's name, work location and an explanation why this person is worthy of this award. Submissions should be sent to [QEHSTeam@sadoff.com](mailto:QEHSTeam@sadoff.com) by the last day of March, June, September, or December. Winners will be announced by the 2nd week following the end of each quarter.

Winners will be chosen by the QEHS team based on how closely they display the Tom Barnett qualities listed above as well as their contributions to QEHS. If no nominations are received within a quarter, the QEHS team may choose to select their own winner.

#### **What the winner shall receive:**

- \$250 credit to the company store
- \$150 cash
- A recognition plaque
- A write-up in the company newsletter. This will consist of a short BIO and the reason they received the award.



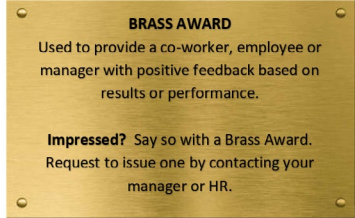


**SR** THE PREFERRED CHOICE  
**BRASS AWARD**

**Congratulations to our monthly brass award winners who each have received Sadoff AwardCo credits valued at \$25.00 along with a description of their proactive efforts and actions that have been identified as above and beyond the call of duty.**

**December 2024**

John Caldwell, Gerald Brown, Zach Bennett, Gregory Megginson, Austin Guenther, Lenore Epp, Michael Spanbauer, Kris Schmieder, Michael Jarvey, Travis Moehring, Rena Fausto, Derek Lonzo, Shane Hills, Christine Antkowiak, Lorenza Rodriguez, Elizabeth Moar Rivas, Amber Umentum, Jaden Geffers, Antonio Gray, Alexander Deutsch



**January 2025**

Michael Jarvey, Brady Nytes, Paul Guerrant, Kris Schmieder, John Wendelin, Brent Bober, Jeffrey Bender, Lucius Hageman, John Wendelin, Elyssa Gutschow, James Brown, Brent Bober, Elyssa Gutschow, Christine Wells, Jeffrey Immel, Roger Nuthals, Jesse Moffatt, Shaun Charlier, Kevin LeClair, Diana Elliott, Elizabeth Martinson, Raquel Lord, Kevin LeClair, Dennis Rost, Jonathan Austria, Paul Hanson, Royden Haskins, Dennis Rost, Jordan Janke, Tom Janke, Patrick Garrison, Gerald Brown

**February**

Gary Griessmeyer, Laura Bonelli, Keegan Taivalmaa, Kara Lindaas, Derek Lonzo, Janek Cieszynski, Riley Allman, Gary Griessmeyer, Mark Raether, Jeffrey Immel, Kris Schmieder, Paul Guerrant, Shane Hills, Keegan Taivalmaa, Michael Bork, Michael Jarvey, Zach Frank, Bryan Heberer, Jake Kester, Jesse Moffatt, Shaun Charlier, Mary Groeschel

**SR** THE PREFERRED CHOICE  
**RUDOY AWARD**

**The Rudoy Award is given annually through a nomination process by peers in the company. This recognition is an important piece of our company culture that remembers the Rudoy legacy and recognizes hard work, leadership, community stewardship, and industry involvement that has guided our company throughout its 78-year**

**history. Congratulations Mark Katz, Jerry Heitman and Bill Hanselman!**

**The Rudoy Awards:**

The Rudoy Award is named after Edward Rudoy, who founded our company in 1947. Edward was the grandfather of Mark, Jason and Brad Lasky, and father-in-law to Sheldon Lasky. Edward passed away in 2007 at the age of 96. The Annual Rudoy Award – is selected from nominations. Up to 4 awards will be given annually. Criteria for nomination spans a wide spectrum including, but not limited to: innovation, entrepreneurial, community involvement, safety excellence, customer recognition & industry involvement.

Award winners will receive a \$1,500 net bonus and a recognition plaque. Nomination submissions can be made anytime and should be given to Human Resources.



**Jerry Heitman**



**Bill Hanselman**



**Mark Katz**



***Congratulations to our recent copper award winners who have been selected from the brass award pool. Each received a bonus of \$150.00, \$100 gift certificate to our AwardCo/Sadoff company logo store and a lunch/snack/breakfast for their department.***

**NOVEMBER 2024**



*Joe Vender Griten*



*Josh Wagner*



*Steve Hetrick*

**DECEMBER 2024**



*Rick Gaspardo*



*Randy Bonlender*

**JANUARY 2025**



*Dee Dee Elliott*



*Kris Schmieder*

## Sadoff/SunCoast Company Gear Store

Our newly available Awardco rewards and recognition platform is taking the place of our previous company store. To find our new company gear store you can use the link for Awardco found on our new Intranet. Once logged in to your account at <https://sadoff.awardco.com> you can find the new company store by clicking "SPEND POINTS" on the top of the Sadoff welcome page. Once on the storefront you are able to select multiple options for making purchases with your Awardco points – don't have any points yet – not to worry, you are able to purchase the points you will need to buy items you select during the checkout process.

The Awardco "store" has selections for spending earned or purchased points/credits, this includes: AMAZON, E-Gift Cards, Hotels or Event Tickets, simply scroll down the page to see the options. You are able to purchase select company gear and choose from the following company logos: Sadoff Iron & Metal, Sadoff & Rudoy Industries, LLP, Sadoff E-Recycling & Data Destruction or SunCoast Communications.

Check out the new store today and if you have questions or would like to request specific items to be added please submit an HR ticket request, the HR ticket form can be found on our New Intranet.

*\*Please note that logo items are unable to be returned to the store, if you end up with something that does not fit correctly please contact HR, send them your item and they will credit your Awardco account. "returned items to HR will be used for future gear giveaways.*



*Recognize. Reward. Redeem.*

*Sadoff Iron & Metal Company has invested in a new program to better recognize and reward the work you do.*

We have partnered with AwardCo to provide a single, simple-to-use system that integrates with Amazon to offer you the largest reward network ever. This platform will be used for our Years of Service and Retirement recognition programs, Brass and Copper awards, Safety suggestions, and Wellness prizes.

Log in to [sadoff.AwardCo.com](https://sadoff.AwardCo.com), have fun recognizing your peers, and enjoy redeeming your points for things you value. Thank you for being part of our team!

Also, learn how to download the **AwardCo app** and start recognizing and redeeming on mobile!

**Sincerely, Sadoff Iron & Metal Company**



### **First time Log-In Information**

Visit the Website: [sadoff.AwardCo.com](https://sadoff.AwardCo.com)

**Username:** SIM followed by 6 digit time clock number

**Password:** 8 digit birthday



ARE YOU MISSING OUT?

## Join Sadoff Iron & Metal's Wellness Program!

Sadoff Iron & Metal has partnered with Wellable as the new health and wellness platform.

With Wellable, you will have the opportunity to have fun while getting active, improving your health and well-being, and qualifying for prizes!

To get started, create a Wellable account by completing the form on the Sadoff Wellable home page <https://app.wellable.co/sadoff>

Once registered you can also use the link on the Sadoff Intranet site:

The screenshot shows the Sadoff Intranet navigation bar with the following menu items: Company Directory, Public Documents, ISO Documents, HR Info, Shared Documents, Lists, and Microsoft Tools. Below the navigation bar is a 'Quick Links' section with the following links:

SalesForce	SDS	Sadoff Wellness	CRES Information Center
AwardCo	IT Helpdesk Portal	Proofpoint	KnowBe4 Security Awareness
UKG Pro	Ultipro SSO login	Fidelity 401k	United Healthcare
Lien Holder Search	HR Assist	AMCS eLearning	Optum EAP
Sadoff University	AMCS Fleet Maintenance	RazorERP	

Once registered, check your inbox for a welcome email containing your Wellable credentials for access to your account. You will also receive instructions for connecting an app or activity tracker to your account—it's the easiest way to automatically track your activity and earn points! All points earned through Wellable will transfer to AwardCo for great prizes!

There are two ways to **earn Wellable Points** in the program:

- Logging your physical activity
- Learning about and engaging in behaviors associated with the monthly holistic wellness topics.
- Tracking your steps is a great place to start, so put on your sneakers and get ready to move!



## A Gathering of Sadoff Retirees

Aral Eaton, Larry Hirschberg, Mark Katz, Maurice Berglund enjoying lunch together in Florida.



# Recipes for Health

## Dark Chocolate Zucchini Bread Snack Squares

If you've got a chocolate craving, try these naturally sweetened dark chocolate zucchini bread snack squares! Moist and rich, these brownie-like treats are a great dessert for people with diabetes. Plus, you can easily customize this recipe to your favorite flavors!

Want to add a little crunch? Stir in chopped pistachios, chopped walnuts, or cacao nibs along with the zucchini.



🕒 15 min prep time 🕒 40 min cook time 🍴 15 servings 📏 1 square

Ingredients		US	Metric
sunflower or avocado oil		1/4 cup + 1/2 teaspoon	
whole wheat pastry flour or flour of choice		1 1/2 cup	
unsweetened cocoa powder (packed)		1/3 cup	
baking powder		3/4 tsp	
baking soda		1/2 tsp	
Sea Salt		1/2 tsp	
mashed fully ripened bananas (about 3 medium bananas)		1 1/2 cup	
eggs		2 large	
pure vanilla extract		1 1/2 tsp	
grated orange zest		1 1/2 to 2	
zucchini (coarsely grated (do not drain))		1 large	

**SRI** TEAM WELLOFF  
*Scrapping Unhealthy Lifestyles*

Nutrition Facts	
15 Servings	
Serving Size	1 square
Amount per serving	<b>110</b>
<b>Calories</b>	
Total Fat 5g	
Saturated Fat 0.9g	
Trans Fats 0g	
Cholesterol 25mg	
Sodium 150mg	
Total Carbohydrate 16g	
Dietary Fiber 3g	
Total Sugars 3g	
Added Sugars 0g	
Protein 3g	
Potassium 210mg	
Phosphorous 105mg	

### Step-by-Step Instructions:

1. Preheat the oven to 350 degrees F. Brush a 9- by 13-inch baking pan with 1/2 teaspoon of the oil. Line just the bottom of the pan with parchment paper.
2. In a medium mixing bowl, whisk together the flour, cocoa powder, baking powder, baking soda, and salt.
3. In a large bowl, whisk together the mashed bananas, eggs, the remaining 1/4 cup oil, the vanilla, and orange zest until well combined. Add the dry mixture and stir until just combined. Add the zucchini and stir until evenly combined.
4. Spread the batter evenly into the prepared pan. Bake until springy to the touch, about 35 to 38 minutes.
5. Cool completely in the pan on a rack. Cut into 15 squares and serve at room temperature. Store in an airtight container in the refrigerator for up to 1 week or in the freezer for up to 3 months.



# Chicken Pot Pie with Phyllo

🕒 40 min prep time 🍳 30 min cook time 🍴 12 servings 📏 1 (3 × 3-inch) square



*There is nothing more comforting than chicken and veggies in a lusciously thick sauce topped with a flaky crust. The earthy aroma of this dish will fill your kitchen and call everyone to dinner. The secret to this ultimate comfort food? By using butter-flavored spray and phyllo dough we slash all the saturated fat and calories found in a typical pie crust topping. The phyllo dough topping is infinitely more interesting than a standard crust.*

Ingredients		US	Metric
boneless, skinless chicken breasts (diced into 1/2-inch pieces)	1 lbs		
garlic powder	1 1/2 tsp		
black pepper	1 dash		
low sodium chicken broth (fat-free)	2 cup		
water	1/2 cup		
olive oil	1 tsp		
cremini (baby bella) mushrooms (cut into 1/2-inch pieces (about 3 cups))	10 oz		
garlic (finely chopped)	1 clove		
Kosher Salt (to taste)	1 pinch		
red potatoes (unpeeled and cut into quarters)	1 lbs		
fresh thyme	5 sprig		
carrots (diced into 1/2-inch pieces)	3 med		
onion(s) (diced)	1 large		
1% milk	1 1/2 cup		
half-and-half	1/2 cup		
all-purpose flour	6 tbsp		
frozen peas	8 oz		
parsley (minced flat leaf)	1/2 cup		
sheets frozen phyllo dough	8 whole		
nonstick cooking spray	1 whole		

## Nutrition Facts

12 Servings	
Serving Size	1 (3 × 3-inch) square
<b>Amount per serving</b>	
<b>Calories</b>	<b>190</b>
<b>Total Fat</b> 3g	
Saturated Fat 1g	
Trans Fats 0g	
<b>Cholesterol</b> 35mg	
<b>Sodium</b> 220mg	
<b>Total Carbohydrate</b> 26g	
Dietary Fiber 3g	
Total Sugars 5g	
<b>Protein</b> 14g	
<b>Potassium</b> 568mg	

## Step-By-Step Instructions:

1. Preheat the oven to 400°F. Season the diced chicken with garlic powder and freshly ground pepper and set aside. In a 2-quart saucepan, bring the chicken stock and water to a boil.
2. Meanwhile, heat the olive oil in a medium skillet and add the mushrooms and garlic. Season lightly with salt and pepper. Cook for 5 minutes or until mushrooms are soft. Once the mushrooms soften, set them aside in a bowl. Strain any liquid from the mushrooms.
3. Add in the potatoes and thyme leaves and lower the heat to medium. Simmer the potatoes for about 8 minutes until tender. With a slotted spoon, remove the potatoes and thyme to a bowl. Discard the thyme leaves. Add the carrots and onions to the stock and simmer for 4 minutes. With a slotted spoon remove the carrots and onions to the same bowl with the potatoes.
4. Add the chicken to the stock and simmer the chicken for 3 minutes. With a slotted spoon, remove the chicken to the same bowl with the vegetables. Reduce the stock until reduced to 1/2 cup, about 10 minutes.
5. Meanwhile, whisk the milk, half-and-half, and flour together in a bowl until very smooth. When the stock is reduced, slowly add the milk mixture to the stock, constantly stirring until thickened, but smooth. Add the sauce to the vegetables and season with salt and pepper. Add in the reserved mushrooms, peas, and parsley, and mix well.
6. Pour the mixture into a 9 × 13-inch pan. Set aside.
7. Spread one sheet of phyllo out onto a very lightly floured surface. Be sure to cover the remaining sheets of phyllo with a towel to avoid exposing to air. The phyllo will crack if exposed. Coat with the butter spray. Add another sheet of phyllo on top of the first sheet and coat with spray. Repeat this process until all 8 sheets are used.
8. Carefully lift the phyllo dough stack and place over the chicken vegetable filling. Tuck the edges under. With a sharp knife, make 3 diagonal slashes across the top of the dough. This will allow steam to escape.
9. Bake the chicken pot pie, uncovered, for about 30 minutes until the top is puffed and golden brown. Remove from the oven and let stand for about 5 minutes. Cut into squares.

## Word Search Contest – Win \$100 for Our Company Store:

### How to Participate:

1. Complete the word search
2. Include your name in the space provided
3. Send the completed page with our intercompany mail to the Fond du Lac office attention Jason Lasky.  
You are welcome to ask your supervisor to assist in getting it to FDL.
4. Completed entries will be entered into a drawing for a chance to win a \$100.00 gift certificate for use at our online company logo store.
5. All entries must be received by May 15, 2025



*Congratulations to our winners  
from the last issue:*

**Chad Knudson**

**Mike Haller**

**Daria Church**

**Cassandra Shaudvitis**

**Kris Meyer**

**SR** SAdoff IRON & METAL COMPANY

**THE PREFERRED CHOICE IN RECYCLING**

Sadoff.com | Connect with us:     



## Attributes of Being the Preferred Choice

Name: \_\_\_\_\_

H E V Z Q T P R O F E S S I O N A L G Q E Z Y Q U E T C H E  
 N F R V X C L M P N F E P T J B O F M A I X V G B A L B C T  
 O F S N B F C U S T O M I Z E D A D D Y U Z P A B G H S G H  
 O I I N D U S T R Y L E A D I N G F K R I D H E G D Q L Z I  
 I C M O C W X C R Q R Y W T R A N S P A R E N T R G V E S C  
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 T P N T C O O D L T C S H O O Y Z E P V U O Q A W V R M L T  
 I R E R M L F V E S R O T T Y D D X V T R U S T W O R T H Y  
 V O R E A O Q D A L V D D R L F S R L D Q O T V T D R E N V  
 E A S P C G G V S T M U G Y E C N J I F V T T R Q Y D J I M  
 X C H U C Y E C W V I G V C J A U G C V L A I K O W Z T W N  
 H T I T O D A B O W F V A V O K M M F T E B L S G J W K R P  
 X I P A U R C I K M D V E W J M T L U J Q N V U H K C Z C Z  
 E V D B N I Y O M S P K P S J E P D I H A Z S S E P X U E R  
 R E R L T V H Y I Q Z E C Z O D R L P N T R O T T A M J Z S  
 Y U I E A E T C I J N V T T Q L N W I C E T V A W M D P N O  
 C F V A B N Y H R U E V R I G D U A F A D D N I F S P D W U  
 C S E H L R B C J N F J M K T X A T A T N O B N L S I W E M  
 E L N X E Q K P V O S O R Z J I E T I R X C Z A R C O I V D  
 R T R R V Y F J G Y F D U R O W V L A O X D E B R A J V I S  
 T B K A V I G I I J M J U U E S T E I S N K F L L L I J S E  
 I G P H I B W E C O F R I E N D L Y Y V E S T E O A U O R C  
 F K L X R P Q R O E X D O M D Y O H U V N C T O H B Y O U U  
 I N R E S P O N S I V E K E H T O X M W I Q U W U L I K U R  
 E D A N I Z C O S T E F F E C T I V E U A R I R F E O U D E  
 D V R W Y P H A E X G I T P O C X F M C C K N V E P I B T K

Innovative solutions	Customer-focused	Partnership-driven
Technology-driven	Cost-effective	Quality-driven
Industry-leading	Sustainable	Trustworthy
Professional	Eco-friendly	Competitive
Streamlined	Responsive	Innovative
Accountable	Value-added	Compliance
Customized	Scalable	Certified
Expertise	Secure	Transparent
Data-secure	Reputable	Efficient
Proactive		Reliable

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*Think you have a funny or interesting submission?*

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Thank you for your years of service!



*Paul Breckheimer  
25 years*



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20 years*



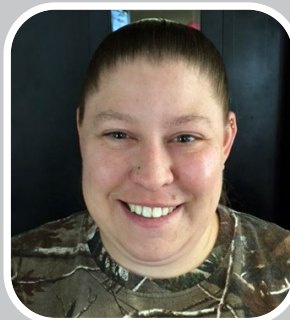
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