

SADOFF IRON & METAL INFORMEDIA PEOPLE, TEAMWORK, EXCELLENCE

Letter from the CEO

Dear Team Sadoff,

I hope this finds you and your families well as we enjoy our beautiful Wisconsin and Nebraska summers!

In assessing things at the halfway point of the year I am happy to report that the first five months of 2023 exceeded expectations. Business volumes both inbound and outbound were strong, and markets held up reasonably well. We had prepared for a much rougher start with all the discussion around an economic recession. As we enter the summer months, specifically June and July, we are starting to see signs of some business segments slowing down and ferrous scrap metal prices have dropped now for four consecutive months. Competition for scrap has become tougher as scrap generating companies look for cost improvements as well. We are very well positioned to sail through these choppier seas, but we need everyone rowing in the same direction – working safely, efficiently and providing exceptional customer service and internal communication.

In every economic scenario there are opportunities, and we will look to capitalize on these situations as they arise.

We continue to search for quality team members in some areas so if you have anybody in mind, just a reminder that we do have an Employee Referral Incentive Program.

Thank you for all you do!

Best personal regards,

Mark Lasky Chief Executive Officer

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Sadolf in the Community

Sadoff Receives Workforce Development Champion Award

Moraine Park Technical College awarded its annual business and industry partnership awards, recognizing valued partners of 2022. The College's Economic and Workforce Development (EWD) recognizes five partnership awards each year: Excellence in Partnership, Employer of the Year, Innovation, New Partner of the Year, and Workforce Development Champion.

The Workforce Development Champion award is given to a company focused on improving the skills and retention of personnel in the region and has positively impacted workforce issues around recruitment, training, and career development.





Doing it for the Kids

Sadoff Iron & Metal Company is proud to have made a contribution to support the Rosenow Elementary School's goal to build an inclusive and accessible playground. Rosenow Elementary School's parent-teacher organization wants to provide each of their students a playground that offers a wide-range of experiences and access. Their goal is to raise \$500,000 so that they can improve their playground to be ADA compliant by the summer of 2024. The improved playground project, Play-4-All, will allow their students and children in the community an equal opportunity to play at school. We hope our contribution will encourage others to support this great community project as well.



Service League Fundraiser

Raquel Lord, Daria Church, Angela Armson, Tenille Graf, Zaira Tolentino and Melissa Ryan represented our company at the recent Fond du Lac Service League's Tour of Fashion. This is the Service League's largest annual fundraiser.

About the FDL Service League

Since its founding in 1937, Service League has been dedicated to helping the Fond du Lac community. In particular, Service League was created to encourage women to participate in civic and charitable enterprises. The League's membership was limited to 35 women, requiring each to volunteer 35 hours per year. To this day, Service League members meet on the first Monday of the month, plan their many service projects, hold their fundraisers and devote thousands of volunteer hours to helping the Fond du Lac community.

Early initiatives focused on addressing Fond du Lac's health and welfare needs such as operating a Well Baby Center, facilitating tonsillectomies for underprivileged children, creating and staffing the Visiting Nurse Association, and volunteering at the Blood Bank and the Cancer Control program. These efforts were initially financed through a Service League run thrift shop. Other worthy projects receiving financial assistance from Service League were: nursing scholarships and loans at St. Agnes School of Nursing, Girl Scout Troops and camperships, Teen Canteen and the Fond du Lac Youth Council, and local school programs. Service League has also supported other area organizations such as Big Brothers, Big Sisters, Salvation Army, FDL Food Pantry, Loaves and Fishes, FDL Children's Museum.

Another strength of Service League has been in swiftly administering aid in needy and emergency cases. Service League frequently gives financial aid and resources to local schools and programs benefitting underprivileged children and families. For example, members have assisted families with handicapped children, provided food for hungry children and gifted mattresses, bedding and personal hygiene items to indigent families in Fond du Lac on very short notice.

To raise funds for all these wonderful programs and initiatives, Service League initially organized card parties, style shows, auction sales, cabarets and concerts, balls and dances and sold social caper calendars at Christmas time. In its 80 plus years, Service League held the Parade of Gifts, Parade of Homes, Tour Homes, Quilt raffles, created and sold cookbooks, and ran a food tent at Walleye Weekend. This tradition continues with Service League's present Tour of Fashion show and the Twelve Days of Christmas cash raffle.



Personnel Moves

Markus McDonell



We are excited to announce the promotion of Markus McDonell to the role of Director of Compliance at Sadoff Iron and Metal Company. Markus is dedicated to maintaining and improving our quality and compliance standards, it is with great confidence that we entrust him with this new responsibility. In addition to his new position, we are implementing a streamlined reporting structure where our Safety and Environmental Managers will now report directly to the Director of Compliance. This strategic decision aims to consolidate our commitment to overall organizational compliance and ensure seamless coordination between these

crucial departments. By centralizing these functions, we can leverage the expertise of our Director of Compliance to align safety, environmental, and quality initiatives effectively. This new reporting structure will foster greater collaboration, synergy, and accountability within our compliance framework, ultimately positioning Sadoff Iron and Metal for even greater success in the future. Congratulations to Markus and best wishes for his continued achievements in his expanded role!

Patrick Rentmeester



Please join us in congratulating Patrick Rentmeester who has been promoted from Corporate Controller to Chief Financial Officer for Sadoff. We look forward to Patrick bringing his talents and ideas in this new capacity to continue to assist the company in our strategic growth objectives.

Sadoff Wellness Committee Is Seeking Members

Your Sadoff Wellness Committee is looking for new members who would like to join in planning and executing wellness activities for the company and in supporting our mission: to encourage habits of wellness, increase awareness of resources contributing to well-being, and to inspire our fellow employees to take an active role in their health.

- Meet once a month, (first Wednesday of each month)
- Meeting is 20 minutes
- The only requirement is that they support the wellness culture at Sadoff!

If you'd be interested in joining, please email wellnesscommittee@sadoff.com.

A Recipe for Health Slow-Cooker Chicken Fajita Burritos

Prep time	Cook time	👷 Servings		Serving size
Prep time 10 min	6 hr	Servings 8	IUI	1 burrito

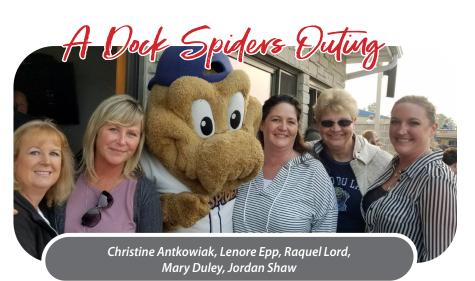
Ingredients



boneless, skinless chicken breast (cut into strips)	1 lbs
green bell pepper (sliced)	1
red bell pepper (sliced)	1
medium onion (sliced)	1
chili powder	1 tbsp
cumin	1 tsp
garlic powder	1 tsp
salsa	1/2 cup
water	1/3 cup
black beans (rinsed and drained)	1 (15-oz) can
large whole-wheat low-carb tortillas	8
reduced fat shredded cheddar cheese	1 cup

Directions

- 1. Place chicken breast strips in a slow-cooker. Top with remaining ingredients except for tortillas and cheese.
- 2. Cover and cook on low for 6 hours or until done. Shred chicken with fork, if needed.
- **3.** Scoop 1/2 cup chicken and bean mixture on each tortilla and top with 2 Tbsps. cheese. Fold into a burrito.







Nutrition F 8 Servings Serving Size 1 burrito	acts
Amount per serving Calories	260
Total Fat 7g	
Saturated Fat 2.1g	
Trans Fat Og	
Cholesterol 40mg	
Sodium 500mg	
Total Carbohydrate 33g	
Dietary Fiber 16g	
Total Sugars 4g	
Protein 29g	
Potassium 490mg	
Phosphorus 395mg	

Choices/Exchanges: 11/2 Starch, 1 Nonstarchy vegetable, 3 Lean protein

Rewards and Recognition

Derry Heitman

Jerry Heitman was recognized at our April Manager's meeting for his Excellence in Safety Leadership. Congratulations Jerry and thank you for your safety diligence.



Congratulations to the Graduate Allan Totentino

Congratulations to Allan Tolentino who recently graduated from the MPTC Industrial Maintenance Program.

Skills developed will provide experience in:

- Use of systems-thinking to effectively problem solve
- Operating and maintaining electromechanical and automated equipment
- Installing and working with program logic controllers
- Identifying and troubleshooting systems





Prep time 5 min Servings

Serving size 1/3 cup

115

Metric

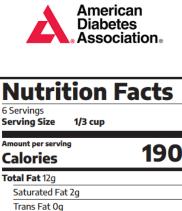
Ingredients

multigrain cheerios	1 cup
mini-chocolate chips	3 tbsp
almonds	3/4 cup
dried cherries	1/3 cup

Directions

1. In a medium bowl, mix together all ingredients. Portion into 1/3 cup servings.





Saturated Fat 2g	
Trans Fat Og	
Cholesterol Omg	
Sodium 20mg	
Total Carbohydrate 19g	
Dietary Fiber 3g	
Total Sugars 11g	_
Protein 4g	
Potassium 200mg	_
Phosphorus 150ma	_

Choices/Exchanges: 1/2 Fruit, 1 Carbohydrate, 2 Fat

We Don't Prioritize Safety – We Value It!

The below commentary was provided to Jerry Heitman by Mitch Kuhn, and we feel that it is worth sharing....

Mitch: Quick story my son told me this past weekend.

A company he worked for had two employees die on the job site. The company does construction of sewer, water lines, etc. One process the company does is to seal off sections of sewer lines by placing plugs in them and then suck all the air out to determine if there are any leaks. In this case after the process was completed one of the workers entered the sewer line and immediately passed out due to no oxygen, the second employee saw what happened and went down into the sewer to help and he passed out also. No one else was on site so both died in the sewer. The company has no confined space training or any safety program for this process. My son said they performed hundreds of these tests per year.

The deaths resulted in OSHA fining the company \$440,000 and the families have filed civil wrongful death lawsuits against the company for \$23 million dollars. My son left this company to pursue another career path, however, prior to his decision to leave, I had always asked him about safety on job sites, and he shared that he saw situations that were not good. He said that was part of the reason he left, he told the company ownership what he saw and the result was nothing changed.

My final thoughts on this are to say thank you to you (Jerry) and Sadoff I&M Co. for our safety program with continuous improvement. Making the effort to be sure our co-workers are able to go home every day.

2023 WALKING CHALLENGE

Track your steps each day and send your total steps to <u>walkingchallenge@sadoff.com</u> to be entered into a drawing to win each month May – September.

Steps must be submitted by the 5th of the next month to be eligible for the drawings.

MAY
2 Days Off

JUNE
2 Days Off & 2 \$100 Gift Cards

JULY
2 Days Off

AUGUST
2 Days Off & 2 \$100 Gift Cards

SEPTEMBER 2 Days Off & 2 \$250 Gift Cards



ULOZODE

Are Lithium-Ion Batteries SAFE?

A lithium-ion battery (Li-ion battery) is a type of rechargeable battery that is common in home electronics. The problem with li-ion batteries is that they pack a large amount of energy in a small amount of space. When li-ion batteries overheat, are used the wrong way, or are defective, they are prone to explosions which can result in injuries and fires. Follow these safety tips to help avoid Li-ion battery explosions:

9 Lithium-Ion Battery Safety Tips

- Only purchase electronic devices that bear the label of an independent testing laboratory, such as Underwriter's Laboratory. Follow the manufacturer's instructions carefully.
- 2. Only use batteries that are designed for the device you want to power up. Check the manual or the product's official website when you're not sure what kind of batteries to use.
- Insert batteries the right way. Many people accidentally place batteries the wrong way, which can damage them.
- To avoid overheating batteries, never overcharge your device; unplug the device once it is fully charged.
- 5. Avoid charging your device on flammable materials, such as the bed, couch or on paper.

- Never keep li-ion batteries near heat sources or in high temperatures, such as direct sunlight, radiators or laptops.
- 7. Don't allow batteries to get wet or be exposed to water.
- Avoid keeping li-ion batteries in the open where they can get damaged. Store them in a secure, dry, and cool place, and away from flammable materials. Keep them separate from metal objects as well.
- If you notice signs that the battery has a problem, such as overheating, odor, leaks, or change in color/shape, shut off the device and move it away from things that can catch fire.



as above and beyond the call of duty.

Congratulations to our monthly Brass Award winners who each have

card valued at \$25.00 along with a handwritten thank you card for their proactive efforts and actions that have been identified

BRASS AWARD Used to provide a co-worker, employee or manager with positive feedback based on results or performance.

Impressed? Say so with a Brass Award. Request to issue one by contacting your manager or HR.

Chuck Thurman, Pat Murphy, Steve Henry, Tenille Graf, Bob Pankow, Ken Steffen, Paul Guerrant, Mary Lohry, Mike Jarvey, Aaron Olivas, Q Willis, Bill Hanselman, Randy Bonlender, Mike Larson, Nick Schrubbe, Joe Vander Grinten, Tone Gray, Kris Schmieder, Terry Kimpton, Terry Mielke, Rafael Gonzales, Alex Rodriguez, Demetrius Cary, Mario Golliday, Josh Silveria, Raquel Lord, Cody Walters, Dick Warner, Jeff Immel, Ricky Rohan, Roger Nuthals, Shaun Charlier, Jesse Moffatt, Kevin LeClair, Jason Adlebush, Rob Wilkum, Chris Leisering, Allan Tolentino, Logan Lisowe, Phil Gracyalny, Dustin Schmitz, Rafael Santana.



Congratulations to our recent Copper Award winners who have been selected from the Brass Award pool. Each received a bonus of \$150.00, \$100 gift certificate to our company logo store and a breakfast/lunch/snack for their department.



The Vital Link: Personal Cybersecurity and its Impact on Corporate Cybersecurity

In our modern, hyperconnected world, where we're juggling both personal and professional lives on various devices, it's time we embrace the importance of personal cybersecurity. Believe it or not, your individual cybersecurity practices have a direct impact on our organization's overall security. So, let's take a fun and informative dive into why personal cybersecurity matters and how it can make a big difference in our corporate cybersecurity efforts.

1. The Human Firewall: You, yes you! As employees, we're the first line of defense against cyber threats. By being aware of personal cybersecurity practices, like creating strong passwords, updating our software, and not falling for those "Nigerian Prince" emails, we create a culture of security superheroism. And guess what? The skills we pick up in our personal lives can save the day in the workplace too!

2. Password Power-Up: Remember that one password you use for everything? Yeah, let's leave it in the past, along with fanny packs and dial-up internet. Personal cyber hygiene involves protecting your online credentials and accounts. Avoid using the same password everywhere, and sprinkle some extra security with things like multifactor authentication (MFA). With these tricks up your sleeve, you'll fend off those password-stealing cyber baddies.

3. Guardians of the Personal Galaxy: Our personal devices (smartphones, laptops, and tablets) are more than just cool gadgets; they're gateways to our corporate network. Keep them safe and up-to-date with the latest security patches. Think of it as armor for your digital sidekick. Because trust us, you don't want malware or vulnerabilities sneaking into our corporate HQ through your personal gadgets!

4. Don't Get Tricked by Cyber Villains: Personal cybersecurity goes beyond high-tech stuff. It involves mastering the art of spotting those sneaky social engineering tricks, like phishing emails and pretexting calls. Stay informed, be cautious, and don't go sharing your deepest secrets with just anyone—whether it's your personal life or your cubicle confessions.

5. The Data Defender: Protecting personal data isn't just for superheroes with capes; it's a responsibility we all share. When we prioritize personal data privacy, it becomes second nature to safeguard sensitive information. And guess what? That superhero mindset extends to our professional roles too. By respecting privacy principles, we become the defenders of data, creating a fortress of protection within our organization.

Remember, personal cybersecurity is more than just a buzzword—it's a way of life. By championing personal cybersecurity, we build a strong security culture within our organization, making it tougher for those cyber baddies to infiltrate our defenses. So, let's suit up, stay vigilant, and protect our digital realm with all our might!

So Say We All!



Swimming Lessons and Water Safety Best Practices

Death and injury from drowning happen every day in pools; natural bodies of water; toilets; bathtubs; and even buckets. The statistics are staggering: ten people drown every day for a total of 3,400 each year. It's a leading cause of accidental death among children of all ages and the single leading cause of injury-related death among children ages one to four.

Drowning can happen almost anywhere to anyone as several families learned in October of this year after heartwrenching tragedies struck. Four children drowned over a three-week period in Florida. Two drowned at backyard pool parties; another slipped through a sliding glass door that was left open; and one involved a young boy with Autism who wandered into a neighbor's pool. Parents in Jackson, Mississippi mourned the bathtub drowning death of their eightmonth old daughter and a family in Michigan grieved for their seven-year old son who drowned while trying to catch frogs in a family pond.

Although swimming lessons don't necessarily prevent drowning and are not a substitute for adult supervision, it's important to teach children to swim. According to the American Academy of Pediatrics, most children age four and older can learn to swim. Children ages one to four might be able to learn depending on their physical and emotional development. Several organizations, such as the American Red Cross, Boys & Girls Clubs, YMCAs and municipal and neighborhood pools provide low-cost and even free swimming lessons.



The key to preventing these heartbreaking disasters is education and knowledge. Instill a culture of water safety by following these best practices.

• **Supervise.** Never leave children unsupervised near a body of water, including a bath. The families of drowned children know that it can happen in a matter of seconds. If children are near water, you should never presume that someone else is supervising them. Children under age four should be supervised at arm's length, even if they can swim. Don't rely on air-filled or foam toys, such as water wings, noodles or inner tubes, to keep children safe.

• Learn CPR. All parents and childcare providers should learn cardiopulmonary resuscitation (CPR). Many organizations such as the American Red Cross, fire departments and hospitals offer CPR certification courses.

• Avoid alcohol. Don't drink alcohol when you are boating, swimming or supervising children who are swimming or playing in water.

• Fence in home pools and add alarms. Install a fence at least four feet (1.2 meters) tall that separates the pool area from the house and yard. Install self-closing and self-latching gates that open away from the pool and alarms that sound an alert when someone enters the pool.

• Stay in designated areas. At public beaches, swim only in areas set aside for swimming. Pay attention to posted warnings about unsafe swimming conditions. Don't allow children to swim in drainage ditches, abandoned surface mines or other water-filled areas not intended for swimming.

• Watch out for thin ice. Drowning can occur in cold weather, too. Avoid walking, skating or riding on weak or thawing ice. Pay attention to posted warnings regarding ice safety and consult a local department of recreation for current ice conditions.

• Keep bathroom doors closed. Install a safety latch or door-knob cover on the outside of the door.

• Store buckets and containers safely. Immediately empty buckets and other containers after use. Don't leave them outside where they might accumulate water.

The 3 Pillars of Sun Safety *How to Stay Protected from the Sun*

Keeping yourself protected from the sun is very important. UV rays can damage your skin and lead to sunburns, premature aging, and even skin cancer if you're not careful. According to the American Academy of Dermatology skin cancer cases are on the rise:

- » Skin cancer is the most common cancer in the United States.
- » Current estimates are that one in five Americans will develop skin cancer in their lifetime.
- » It is estimated that approximately 9,500 people in the U.S. are diagnosed with skin cancer every day.
- » More than 1 million Americans are living with melanoma.

Best 3 Ways to Protect Your Skin from the Sun

When it comes to protecting your skin from the sun, three forms of protection, shade, coverage, and sunscreen, are your best friend. Three is better than one.

To properly defend yourself against the sun's harmful UV rays, three forms of sun protection should be used.

1. Shade

Shade is the first pillar of sun safety. It is the most basic, and cheapest, form of sun protection. You just find a patch of shade and sit underneath it. Some forms of shade include the following:

- » Trees
- » Umbrellas
- » Cabanas
- » Tent

It's important to note that according to the Skin Cancer Foundation, not all shade is created equal, though. You need to consider the size of the shade structure, the fabric it is made out of, and if it can protect you from UV rays that could potentially hit you from the side or the ground. Yes, UV rays can bounce off the ground.

You want to find a shade structure that has a UPF rating of at least 30 and that can provide comprehensive coverage from the sun.

Did you know UV rays can also reflect off of water, sand, and grass? Not all UV rays come at you from above. Snow reflects 80% of the sun's rays, sand bounces off 15%, and even grass and soil can reflect 10% of UV rays!

Finding shade whenever possible is a great start, but it isn't enough to stay safe from the sun's UV rays.

2. Coverage

Available UPF 50+ swimwear and sun wear blocks 98% of UV rays

Wearing sun-protective clothing like long-sleeve swim shirts and sun hats will block the reflected UV rays that bounce off the ocean or sand.

3. Sunscreen

Coverage can only go so far, sunscreen is the last thing you need to stay completely sun safe. Your hands, neck, and face are a few of the body parts that tend to be left exposed when out in the sun. So, be sure to cover them by applying sunscreen.

When choosing a sunscreen, make sure that it is broad-spectrum and contains an SPF of 30 or higher.

For the best defense against harmful UV rays, be sure to seek out shade, wear UPF 50+ swimwear and clothing, and apply sunscreen liberally.



Word Search Contest – Win \$100 for Our Company Store:

How to Participate:

- 1. Complete the word search
- 2. Include your name in the space provided
- 3. Send the completed page with our intercompany mail to the Fond du Lac office attention Jason Lasky. You are welcome to ask your supervisor to assist in getting it to FDL.
- 4. Completed entries will be entered into a drawing for a chance to win a \$100.00 gift certificate for use at our online company logo store.
- 5. All entries must be received by August 20, 2023



Congratulations to our winners from The last issue:

Kyron Rosno Mark Raether Dale Snortum Alayna Cortez

Dee Dee Elliott



May – September, each month is a chance to win!



Get Out and Get Active!

Wisconsin and Nebraska Fun

Name:

T V B L I N C O L N V N O Y F B A V G H I T O N B M O U F O G T U Y D M W G R A N D I S L A N D V F J L S A L Q U C X R P Z S W X P R Z C S F N E V M E C Q G C B M A D I S O N H F C K K X U N I V E R S I T Y L G M Z N H X X T H P | H E R D MAEFBUDSUTJYSDGIABREWERSBFUMAE F R L X L W S A I R P A R K B C E G V M A H T G A O D K W T EUQUUDIPFJWPCORNHUSKERQNNNKRIO F N O P E D S S K H A E E O U S | H T O H M X U G D V H Q E O Z L O V Y E O C F L V S K S V H V G F D H B P O D S S Y U O A V I I G O Z Z O A H M T J D B R A T W U R S T U P C Y B T U C N O E J M C U N F W I E O A R T N D T M Z S L W G N U BOCTLQFGATGSDVJRCBNMJRLWSASRBC ALJEEGCBNHWYIFWENINEVCGRICKKLK L E Q R T O J W O K A U I N O T R M W E Z Y O N M W U P C Y LYKYHICEXJETJRMRPMEZBEUMYVIEHB Z P B E R N I E B R E W E R L W P K A A Q R L D N O M V O A H C E J E E Z Q U X V P S V S Q E M R N D M A I H M J C X D ENGMBTTFBISHEBOYGANCIOXSTNAEFG B H E R B I E H U S K E R S L H P Q P B X T W Z K U A F K E NGSEASONSRBJGSIEEHTAEROLAAWEYR O G G B K O L S V O R S M J J J D R M T H X W W A V T G V V UOWOWA J V C B P T M J B B R P D U H M S A O R P I S P V O G B W Q W P R I X X N H P A C K E R S D D N G C K M L F O Q I D L M T H V N V E D P Q Y H H S H G O L D E N R O D F SCJCQGGCWXKVEJKAZVFLLFOJWWTEER HGHVZEIDUFVZFYLCDEDYLWXISKOLMR K F R E W H C U K U H H B N O R T H P L A T T E X Y K B T Q O B Q Z E U F N Z P | | F Y S H H Z | F R V P S R R F N R B S G È D D S X J B R Q X Y M F S G H Ť J K P H I N O L S C M H X X D T P E E C Z B R R U U A C A L L E Q P H W W V H K M

Western Meadowlark Bernie Brewer Bucky Badger Blue Violet Goldenrod Football Brewers Sheboygan Cheese Omaha Runza

North Platte Cornhusker Wisconsin Fond du Lac Packers Pointer Lincoln Oshkosh Robin Herbie Husker Grand Island Manitowoc Bratwurst University Nebraska Airpark Seasons Madison Bango Herd



Milestone Anniversaries



Melissa Ryan 35 yrs.



Richard Warner 20 yrs.



Christopher Lenton 5 yrs.



Tanya Smith 25 yrs.



David G. Casper 15 yrs.



David Fisher 5 yrs.



Travis Moehring 20 yrs.



LaDerrick Taylor 5 yrs.



Thank you for your years of service!